



CATALYST
KRAV MAGA ACADEMY

PROTECT YOUR LOVE

VALENTINE'S COUPLES SELF-DEFENSE SEMINAR

EMPOWER YOUR BOND. STAY SAFE TOGETHER.



SCAN HERE

🕒 FEBRUARY 15 | 1 PM - 3 PM
🕒 AGES 18 & OLDER
🕒 \$40 PER PERSON



WHAT WE'LL COVER

- 👁️ • SELF-DEFENSE FUNDAMENTALS & SITUATIONAL AWARENESS
- 🛡️ • PREPARING & PLANNING FOR ACTIVE THREATS
- 🏡 • DRILLS & REALISTIC TRAINING SCENARIOS (Home & Public)
- 🔫 • COVERING: ROBBERY, ASSAULT, ACTIVE SHOOTERS
- 👫 • SOCIAL VS. ASOCIAL VIOLENCE & DE-ESCALATION
- 🏡 • HOW TO GO HOME SAFE WITH YOUR LOVED ONE

REGISTER NOW!

Secure Your Spot for a Safer Future Together.