



CATALYST
KRAV MAGA ACADEMY

PROTECT YOUR LOVE

VALENTINE'S COUPLES SELF-DEFENSE SEMINAR

EMPOWER YOUR BOND. STAY SAFE TOGETHER.



SCAN HERE



♥ FEBRUARY 15 | 1 PM - 3 PM
♥ AGES 18 & OLDER
♥ \$40 PER PERSON

WHAT WE'LL COVER

- SELF-DEFENSE FUNDAMENTALS & SITUATIONAL AWARENESS
- PREPARING & PLANNING FOR ACTIVE THREATS
- DRILLS & REALISTIC TRAINING SCENARIOS (Home & Public)
- COVERING: ROBBERY, ASSAULT, ACTIVE SHOOTERS
- SOCIAL VS. ASOCIAL VIOLENCE & DE-ESCALATION
- HOW TO GO HOME SAFE WITH YOUR LOVED ONE

REGISTER NOW!

Secure Your Spot for a Safer Future Together.